

THF Sustainable Development Goals

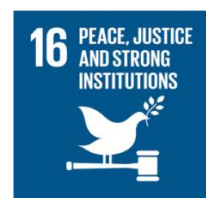
Impact Report



THF benefits extend beyond the physical

THF action is a tangible deliverable, contributing to disseminate human values through THF educational toolkit, jointly to skills and progress for those who are furthest behind, participating of the common effort on Sustainable Development Goals adopted by the United Nations.

The Taekwondo Humanitarian Foundation is committed to the United Nations Sustainable Development Goals and ensuring that it delivers tangible benefits to refugees and displaced people around the world.



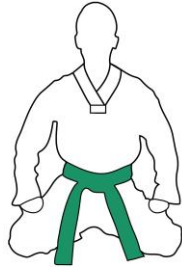


Nearly all the countries in the world have promised to improve the planet and the lives of its citizens by 2030.



**THF
IMPACT**

**3 GOOD HEALTH
AND WELL-BEING**



UN Goal 3

GOOD HEALTH AND WELL-BEING

**Ensure healthy lives and
promote well-being for all at all ages**

01

The THF uses taekwondo and others sports to teach important health lessons, helping refugees learn the facts that can save and improve their lives. Through the THF programs and taekwondo, refugees discover how to make safe and healthy choices, and protect their families.

02

The THF programs are designed with healthy play for children and a multi-dimensional exercise for adults at their very core. However, taekwondo's benefits extend beyond the physical. The sport teaches discipline, perseverance and self-control, while its sparring component demands courage. It teaches flexibility, agility, power, speed, stamina and grace. All these attributes not only strengthen physical resilience and upgrade the immune system, but, by forging an athletic physique, generate a positive self-image.

03

The THF trains teachers and coaches to create safe environments when refugees learn how to manage their trauma and their stress.

70% of

participants feel
happy in Azraq
Refugee Camp.

48% of

participants feel
happy in Elbeyli
Refugee Camp.



**THF
IMPACT**

4 QUALITY
EDUCATION

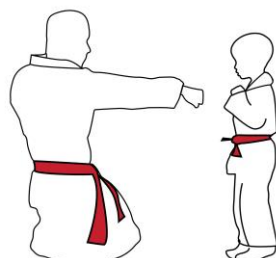


96% of

participants are satisfied with THF program in Azraq Refugee Camp.

61% of

participants are satisfied with THF program in Elbeyli Refugee Camp.



UN Goal 4

QUALITY EDUCATION

Ensure inclusive and equitable education and promote lifelong learning opportunities for all.

01

The THF program was designed by taekwondo experts but also by sport experts. Education is a core element of the THF. Taekwondo is used as a platform on which to deliver broader educational opportunities which are open to all. THF coaches are educated on Sport for Protection principles.

02

THF coaches are trained in how taekwondo can serve as a tool for social inclusion, social cohesion and mental health. The practice of taekwondo can significantly improve people's self-esteem and decision-making abilities. Such acquired skills are life skills which are transferable to many other areas, e.g. in the professional domain.



**THF
IMPACT**

5

**GENDER
EQUALITY**

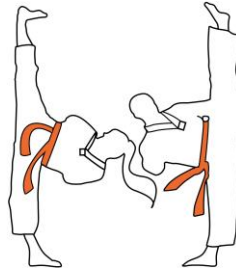


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THF coaches are
women

41% of

THF participants
are girls.



UN Goal 5

GENDER EQUITY

**Achieve gender equity
and empower all women and girls.**

01

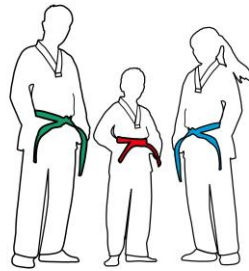
Girls and women deserve a fair and equal future. The THF gives girls a voice, to claim their rights to equality, education, dignity and safety.

02

Through the THF program, more girls are finding their voice and deciding to practice sport. The THF breaks down social barriers around female participation in sport and provides a welcoming and safe space for girls to practice sport – in some instances for the first time.

03

The THF educates coaches and parents on gender equality, supporting them to reduce gender-based violence and discrimination in THF lessons, in communities and at home.



UN Goal 8

DECENT WORK & ECONOMIC GROWTH

Promote inclusive, and sustainable economic growth, full productive employment and decent work for all.

01

The THF creates jobs at a local level. The THF trains local or refugees' coaches through a specific program designed for teaching taekwondo to refugees. Not only does this have the benefit of generating employment for those in need.

02

The THF also strongly believes that hiring displaced persons or refugees will guarantee greater success for the project as they can better engage with the participants through shared understanding and experience.



**THF
IMPACT**

8 DECENT WORK AND
ECONOMIC GROWTH



3

THF local
coordinators

3

THF coaches are
refugees, when 8
others are locals.

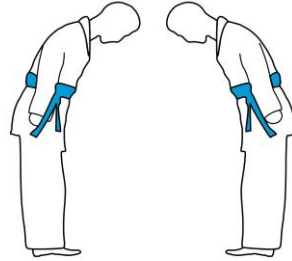
5

THF workers are
refugees
(mandate as
administration or
safety of the
camp).



**THF
IMPACT**

16 PEACE, JUSTICE
AND STRONG
INSTITUTIONS



UN Goal 16

PEACE, JUSTICE AND STRONG INSTITUTIONS

Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build affective, accountable, and inclusive institutions at all levels.

01

The promotion of peace and inclusion is at the heart of taekwondo. The THF program helps participants to become Global Citizens through the teaching of the Olympic Values, the five tenets of Taekwondo and the spirit of Global Citizens. Refugees and displaced persons identify not as a member of a State, a tribe, or a nation, but instead as a member of the human race, looking beyond the narrow scope of national or personal interests. (definition, BankiMoon Foundation, website: <https://bankimooncentre.org/our-mission>)

02

Safe sport is a key element of the THF program, therefore a THF Safeguarding policy has been created. The policy guarantees the protection of refugees or displaced persons from harm, abuse, abandonment and exploitation.

In addition, we are committed to taking strict measures to punish employees, associates, visitors or others related to the THF who adopt a stance contrary to those established by THF Safeguarding policy.

90% of

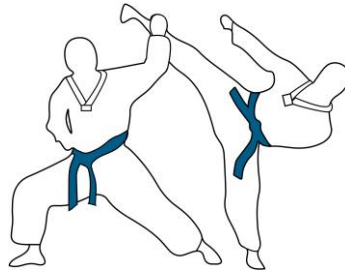
THF participants are aware of THF Safeguarding Policy.

65% of

THF participants feel to be Global Citizen of the World.

85% of

THF participants feel to belong to the Taekwondo Community.



UN Goal 17

PARTNERSHIPS FOR THE GOALS

Strengthen the means of implementation and revitalize the global partnership for sustainable development.

01

The THF aims to partner with others sport organizations to promote humanitarian, peace- and development-supporting activities, as well as to enhance cooperation and information exchange. The synergy between organizations has a considerable impact on refugees as more refugees and displaced persons are encouraged to practice sport.

This allows the THF to extend its reach to those interested in sport and ensures that sport's universal benefits are applied to as many as possible. The THF work closely with UNHCR for all projects implementations.



**THF
IMPACT**

17 PARTNERSHIPS
FOR THE GOALS



10

Memorandum of understandings have been signed with International Federation to develop common educational training for refugees.

3

Memorandum of understandings have been signed with cities to develop THF program.



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