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| **ORGANIZATION INFORMATION** |
| Country Name: |  |
| Organization Name: |  |
| Name of President: |  |
| Postal Address: |  |
| Contact Number: |  |
| Office Email: |  |
| Contact details of person in charge of this application: | Name | Position | Email | Contact Number |
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| 1. **PROJECT DESCRIPTION**
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| 3 Year Project | Target | □ Refugees □ Athlete and para-athlete refugees on the road to Paris2024 □ Internally Displaced People □ Others (\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_) |
| Budget | €Please submit a detailed budget in the template provided below in section E. |
| Project Summary |  |
| 1. **AUTHORIZATION**
 |
| Name and Signatureof President |  |
| 1. **SUBMISSION**
 |
| **Please fill out and submit this application to the Taekwondo Humanitarian Foundation at** **info@thfaid.org** **by 15 October, 2022** |

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| 1. **BUDGET (Estimated)**

*Notes: Please list the names and estimated budget of the activities in specific. If there is more than one center, please list the amount separately. Also, if you plan on using the budget of a single activity in various ways, explain the specific breakdown on the note column.* |
| No. | Activity | Amount in USD |  | Note |
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|  |  |  |  |
|  |  |  |  |
| Total Cost |  |  |

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| 1. **ACTION PLANS AND TIMELINE**
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| No. | Date (Month) | Activity |
| 01 |  |  |
| 02 |  |  |
| 03 |  |  |
| 04 |  |  |
| 05 |  |  |
| 06 |  |  |
| 07 |  |  |
| 08 |  |  |
| 09 |  |  |
| 10 |  |  |
| 11 |  |  |
| 12 |  |  |

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| 1. **PROJECT INFORMATION with LOG FRAME**
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| **Project Title:** |  |
| **Lead Organization:** |  |
| **Potential Partners:** |  |
| **Primary Objective of Project:**  |  |
| **Geographic Location:** |  |
| **National Implementation:** |  |
| **Total Number of Beneficiaries:**  |  |
| **Budget:**Please mention if other organizations are also donating to this project (if yes, what are their contributions -cash, in-kind). |  |
| **Cost/ Beneficiary:** |  |
| **Project Admin Fees (as a percentage):** | 16 % |
| **Duration (Project Start & End Dates):**  | (After Jan 1, 2023) |
| **Coach:****Kindly attach the CV of the coach.**  | * Does he/she have a coaching certification

Yes [ ]  No [ ] * Has he/she taken a safeguarding course

Yes [ ]  No [ ] * Does he/she need additional knowledge (i.e., refugee situation)

Yes [ ]  No [ ]  |
| **Project Justification (including relevant statistics and indicators):** |  |
| **Project Summary:**  |  |
| **Project Inputs****(Strategy/Plan)** | The resources that the project will need (money, people, and/or tools) in order to make the *activities* possible  |
| **Project Activities****(Strategy/Plan)** | Each action required to create the project and deliver it, i.e.* - Run 3 years program, each annual year with 125 participants and organize a day for poomsae demonstration at the end of the annual program
* Distribute 250 uniforms and monthly incentive kits every year
* 750 participants will complete THF program and follow a child safeguarding course within 3 year
* 750 parents of THF participants will agree to register their daughters to THF program and will follow a child safeguarding campaign focusing on gender equality within 3 year

Include indicators, means of verification, and risks |
| **Project Outputs****(Expected Results)** | The tangible numbers:* Number of people reached
* Attendance of refugees
* Number of female refugees attending THF program
* Number of parents signing the registration form
* Number of parents attending the Safeguarding conference
* Number of uniforms and kits distributed
* The indicators will be measured with the list of participants provided by the coach every month, the signed registration form, the list of parents’ participants attending the conference and the list of uniforms and kits records.

Include indicators, means of verification, and risks |
| **Project Outcomes****(Expected Results)** | The changes resulting from the inputs and activities:* The effects seen for the people we serve
* The effects seen for the problem we want to solve

The following indicators will be used for the project outcomes:* Percentage of participant feeling happy
* Percentage of participants feeling depressed
* Percentage of participant feeling confident
* Percentage of participant feeling respected in the camp

The indicators will be measured with a survey which will be conducted at the beginning of the program and after a period of 8 months and THF expert will organize a site visit to make sure that all THF standards are well implementedInclude indicators, means of verification, and risks |
| **Project Impact****(Expected Results)** | The ultimate impact the project aims to have, i.e.:Through this program, refugees’ participants, only girls, will improve their Wellbeing: less depressed (by 50%) and less stressed (by 50%) and learn new life skills: self-confidence (by 70%) and respect (by 70%). |

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| **Remarks and Observations** |
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